



From: Clare Sully [Forrest Burlinson] c.sully@forrestburlinson.co.uk
Subject: FW: Coaching for GPs returning to or thinking of leaving practice - England
Date: 13 June 2016 13:27
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From: GPC Local Medical Committees discussion list [mailto:LMC-L@LISTSERV.BMA.ORG.UK] **On Behalf Of** Karen Day
Sent: 13 June 2016 12:47
To: LMC-L@LISTSERV.BMA.ORG.UK
Subject: Coaching for GPs returning to or thinking of leaving practice - England

Please see message below:

Coaching for GPs returning to or thinking of leaving practice (England)

The Faculty of Medical Leadership and Management (FMLM) has been funded by NHS England to offer up to four free coaching sessions to GPs in England who are either thinking of giving up practice or have recently returned to General Practice after a break.

The FMLM's expert coaches are experienced in coaching doctors and understand the issues GPs currently face. They are available to support GPs who feel they have reached a crossroads – or the end of the road – in general practice.

Coaching can help if you are looking to:

- Improve work/life balance and feel more in control at work
- Increase ability to identify solutions to work related issues
- Build greater confidence in managing conflict and having difficult conversations in the workplace
- Build greater self-awareness of the symptoms of stress and burnout.

Following an initial batch of applications there are still a limited amount of places available to be part of this programme. If you are interested in this offer please complete and return the [application form](#) to coaching@fmlm.ac.uk by 5pm on Friday 17 June. If you have any questions, please email coaching@fmlm.ac.uk.

<https://www.fmlm.ac.uk/news-policy-and-opinion/news/articles/coaching-for-gps-returning-to-or-thinking-of-leaving-practice>

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Get the latest information and campaigning resources for GPs at bma.org.uk/gpc

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